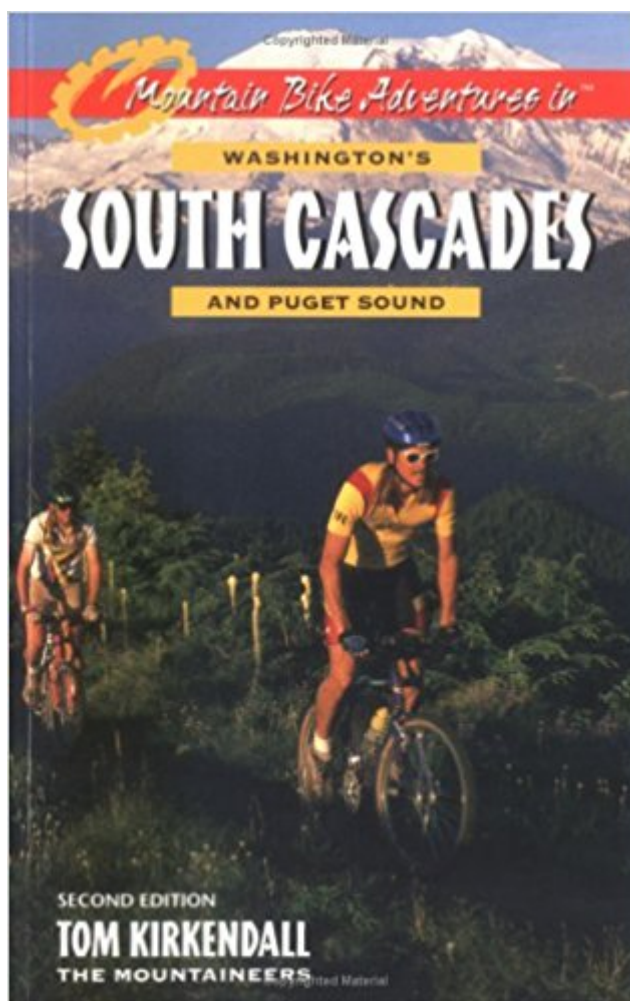


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# Mountain Bike Adventures In Washington's Southern Cascades And Puget Sound



## Synopsis

\* 60 mountain biking routes to choose from\* Rating levels identify the most challenging routes\* 90 photos and 60 detailed area mapsChallenging rides for mountain bikers of all levels of experience, from novice to veteran, can be found throughout Washington's South Cascades and Puget Sound regions. Extending from I-90 south to the Columbia River, the area offers a wide range of rides, from low-key trips through shady, tree-filled groves to wild rides down single tracks. With 60 routes to choose from, you'll have information on skill level required, distance, elevation gain, mileage, and best time of year to ride..

## Book Information

Series: Mountain Bike Adventures

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## Customer Reviews

Tom Kirkendall has taken mountain biking from its infancy in his first book, to a more mature level with this new update. He raises the level of environmental awareness on the trails while keeping trail-riding fun at an all-time high! (Carolyn Price Outdoors NW magazine)Tom Kirkendall has taken mountain biking from its infancy in his first book, to a more mature level with this new update. He raises the level of environmental awareness on the trails while keeping trail-riding fun at an all-time high! (Carolyn L. Price, publisher, Sports Etc. magazine)

TOM KIRKENDALL has published a wide variety of books for Mountaineers Books on topics such as long distance bicycling, outdoor family activities and hiking in the Alps. He is also a talented

photographer.

Lots of detail about the areas. Concise, laid out like other good guide books with standard sets of info about each area. I haven't actually been on any of the trails described yet, but I want to now.

This book covers many of the great rides that most of the population areas of the state can ride. We have particularly enjoyed the level of detail of the routes off of highway 410. The author's superlative explanations were so enticing that we ventured the 100 miles from our home to test them out--ever point was justified. We have been back 3 times in the last month to try them again. Without a book like this, you just have to take your chances...with the odds not always in your favor. Each documented route has great directions on how to get there and how to get through the route and back out with meticulous attention to the key scenic points, the level-setting of the difficulty, and the waypoints (in 10ths of miles). On our last ride, we were discussing the ride up Bald Mountain with strangers who were also carrying the same book with them on their bikes. We're not the only advocates. All-in-all, Kirkendall's book is a great motivator to get out and enjoy the splendor of this state on two wheels. You can't be disappointed by this book.

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